

**-Local patients:** The following materials are available in our office upon your initial visit.

**-Out-of-state patients:** Submit this packet in its entirety, including xray CD and scan of insurance card, to:

Thomas P. Gross M.D.  
Midlands Orthopaedics & Neurosurgery, P.A.  
1910 Blanding St.  
Columbia, SC 29201

**ALL materials in this packet must be submitted to our office to be established as a patient and candidate for surgery.**

**Your new patient packet should include the following:**

1. Copy of your insurance card, front + back (page 2)
2. Patient information form (page 3)
3. Patient authorization forms (page 4-6)
4. Medical history form (page 7-10)
5. New hip questionnaire (page 11-14)
6. Recent x-rays (prescription on page 15)

**Optional 7.** If MRIs of the hip have been done in the last year, please include the report (NOT the images)

<sup>^</sup> 6 - Disregard if you've had xrays within the past 6 months. <sup>^</sup>  
<sup>^</sup> 6 - Please exclude the xray prescription from your submitted package. <sup>^</sup>

PLEASE SCAN A COPY OF YOUR  
INSURANCE CARD, INCLUDING  
**FRONT AND BACK**

LAST NAME:		FIRST NAME:		MIDDLE INITIAL:	
GENDER:		DATE OF BIRTH:		SS#:	
MAILING ADDRESS:			CITY:		STATE: ZIP CODE:
HOME #:		MOBILE #:		WORK #:	
		CONSENT TO TEXT: YES or NO			
Email:			Contact preference: (please circle) Home # Cell # Work # Email Mail Portal		
LANGUAGE:		RACE:		ETHNICITY:	
DECLINE TO ANSWER <input type="checkbox"/>		DECLINE TO ANSWER <input type="checkbox"/>		DECLINE TO ANSWER <input type="checkbox"/>	
MARITAL STATUS:	Emergency Contact Name/Relationship:				Mobile #:
					Home #:
PATIENT'S EMPLOYER:		Referring Doctor:			
OCCUPATION:		<input type="checkbox"/> Self referred			

**GUARANTOR - PERSON RESPONSIBLE FOR THE BILL IF THE PATIENT IS A MINOR OR STUDENT:**

LAST NAME:		FIRST NAME:		RELATIONSHIP:	
MAILING ADDRESS:			CITY:		STATE: ZIP CODE:
DATE OF BIRTH:	SS#:	HOME #:	MOBILE #:	WORK #:	

**INSURANCE INFORMATION \*COPIES OF YOU INSURANCE CARDS ARE REQUIRED\***

INSURANCE #1 (PRIMARY INSURANCE)		INSURANCE #2 (SECONDARY INSURANCE)	
INSURED'S NAME:	RELATIONSHIP TO PATIENT:	INSURED'S NAME:	RELATIONSHIP TO PATIENT:
SS# OF INSURED (IF DIFFERENT FROM PATIENT): <input type="checkbox"/> SAME AS ABOVE		SS# OF INSURED (IF DIFFERENT FROM PATIENT):	
DATE OF BIRTH OF INSURED: <input type="checkbox"/> SAME AS ABOVE		DATE OF BIRTH OF INSURED:	
INSURED'S EMPLOYER (IF DIFFERENT FROM PATIENT): <input type="checkbox"/> SAME AS ABOVE		INSURED'S EMPLOYER (IF DIFFERENT FROM PATIENT):	

I acknowledge that by providing insurance information, I have asked and promised to pay for services provided in exchange for this information. I assign to Midlands Orthopaedics & Neurosurgery, PA, all health insurance benefits available for services provided to me. I understand that fees for services provided by Midlands Orthopaedics & Neurosurgery, PA, are my responsibility and I agree to pay any balance left unpaid by any insurance company or third party entity immediately upon notification of said balance. If I do not have insurance, I understand that I am responsible for any incurred expenses in their entirety.

Patient/Guarantor: \_\_\_\_\_ Date: \_\_\_\_\_

1. **ACKNOWLEDGMENT OF RECEIPT OF PRIVACY POLICIES:** I have received a copy of the Midlands Orthopaedics & Neurosurgery, PA (MON), Notice of Privacy Policies detailing how my protected health information (PHI) may be used and disclosed as permitted under federal and state law. I understand that MON is permitted to disclose my PHI without my authorization to facilitate treatment, payment and health care operations.
2. **ePrescribe:** I understand that Midlands Orthopaedics & Neurosurgery, PA (MON), utilizes electronic health record software which incorporates ePrescribing technology. I understand that MON may access and use my prescription history through ePrescribing software for purposes of providing me appropriate treatment.
3. **ASSIGNMENT OF BENEFITS:** I assign to Midlands Orthopaedics & Neurosurgery, PA (MON), any insurance or other third party benefits available for health care services provided to me. I understand that MON has the right to refuse or accept assignment of such benefits. If these benefits are not assigned to MON, I agree to immediately forward to the practice upon receipt all health insurance and other third-party payments that I receive for services rendered to me by MON.
4. **MEDICATIONS AND REFILL REQUESTS:** I understand that the providers of Midlands Orthopaedics & Neurosurgery, PA (MON), will not address requests for medications or refills of currently prescribed medications after regular business hours or on weekends. Requests for refills and/or changes to medications must be made during the normal business day. We apologize for the inconvenience, but "on-call" or "after-hours" staff members do not have access to the medical records needed to make decisions regarding medication changes or additions.
5. **PAPERLESS BILLING:** In an effort to reduce our environmental impact, Midlands Orthopaedics & Neurosurgery, PA (MON), issues paperless billing statements. I understand that by providing MON with my email address, I am automatically enrolled to receive paperless billing statements.
6. **CONSENT TO CALL:** I consent to receive calls from Midlands Orthopaedics & Neurosurgery, PA, and any affiliates, related to my protected healthcare information and other services at the phone numbers above, including my wireless number provided. I understand I may be charged for such calls by my wireless carrier and that such calls may be generated by an automated dialing system. I understand that this consent is not required for me to be accepted as a patient and the consent may be revoked at any time.

I, \_\_\_\_\_ acknowledge receipt and understanding of the items described on this

Authorization and Acknowledgement form.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date

# HIPAA PRIVACY AUTHORIZATION

I hereby authorize **Midlands Orthopaedics & Neurosurgery, PA**, to use and/or disclose the protected health information below to:  
 [Name of individual, Address, and Telephone Number] (i.e. Spouse, Family member, Doctor, etc)

NAME	CONTACT INFORMATION

## Authorization for Release of Information:

-Covering the period of health care from:

Date: \_\_\_\_\_ to \_\_\_\_\_ **OR** ☐ All past, present and future periods

-Covering the following protected health information:

☐ I hereby authorize the release of my complete health record.

☐ I hereby authorize the release of my complete health record with the exception of the following Information:

\_\_\_\_\_  
 \_\_\_\_\_

- I understand that I have the right to revoke this authorization, in writing, at any time. I understand that a revocation is not effective to the extent that any person or entity has already acted in reliance on my authorization or if my authorization was obtained as a condition of obtaining insurance coverage and the insurer has a legal right to contest a claim.
- I understand that my treatment, payment, enrollment or eligibility for benefits will not be conditioned upon signing this authorization.
- I understand that information used or disclosed pursuant to this authorization may be disclosed by the recipient and may no longer be protected by federal or state law.

\_\_\_\_\_  
 Signature of Patient or Personal Representative

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Print Name of Patient or Personal Representative

\_\_\_\_\_  
 Relationship to Patient

### *Financial Policy*

Thank you for choosing Midlands Orthopaedics & Neurosurgery, PA (MON). We are committed to the success of your medical treatment, and we strive to offer excellent care in a patient friendly environment. We recognize that healthcare is expensive, insurance requirements are frustrating and discussing payment arrangements when you don't feel well may be unpleasant. Nevertheless, prompt payment of charges helps us expedite your care so we ask you to review our financial policies. As your health care provider, our relationship is with you...our patient and not with your insurance company. Your insurance plan is a contract between you, your insurance company and/or your employer. Our office is not a party to that contract or any possible restrictions imposed by it. While we will make every effort to obtain appropriate payment from your insurance carrier, payment for services rendered is ultimately your responsibility.

**Payment for Services:** Copays will be collected at check-in, as well as any balance due on the account. We will pre-collect the estimated patient responsibility amount for surgeries, procedures, and MRI services.

**Insurance:** You will be required to update your insurance information at least once each year, but we may ask you to provide your insurance card more frequently. Please notify our office immediately if you change insurance carriers, drop coverage, receive new cards or in any way experience a change to your coverage. Failure to do so may result in insurance claim denials that cause all charges to become your full responsibility. Please know the benefits, limitations, and responsibilities of your insurance plan.

**Referrals and Authorizations:** If your plan(s) require a referral from your primary care physician (family or regular doctor), please make sure one has been provided prior to your appointment. We must have a current referral to prevent your insurance carrier from denying payment for services you receive with us.

**Co-pays, Deductibles, Co-insurance and Pre-determination of Benefits:** We participate with many health plans and file charges with those plans as a courtesy. Most health plans require us to collect charges they deem to be patient responsibility in the form of co-pays, deductibles, and co-insurance. We must also collect payment directly from the patient for services the plan does not cover. If Midlands Orthopaedics & Neurosurgery, PA (MON) does not participate with your insurance plan, payment-in-full is required at the time of service.

Our charges are usual and customary for our area. If your insurance ultimately denies responsibility for services you receive, you are responsible for payment. If you have a Health Savings Account (HSA), Health Reimbursement Account (HRA) or a Flexible Spending Account, we will provide all documentation necessary for you to receive appropriate reimbursement; however, payment is still required at time of service.

**Uninsured Patients:** Payment is due at the time services are provided. A minimum deposit of \$100.00 - \$300.00 (determined by services required) will be required prior to the appointment. This payment will be applied to your total balance due upon check-out. We do offer a Prompt Pay Discount to uninsured patients who pay their entire balance at the time of service. If you are unable to pay your entire balance, an Account Specialist will assist you in establishing a payment plan.

**Past Due Balances:** Balances that are not paid within 30 days from the date of service are considered past-due. If your insurance company has not responded to our request for payment within 30 days, we will ask for your assistance in obtaining payment from the carrier and/or to make a payment on the balance. Balances that are not paid within 90 days of the date of service will be forwarded to a collection agency. By signing the below, you agree to allow MON and any collection or billing company to contact you by telephone or text message to any telephonic number provided including wireless or mobile telephone numbers. I agree to any method of contact to these numbers, such as a dialing service or prerecorded message. Collection agency and any associated legal fees may be added to the account. Patients with past-due balances will be required to make payment arrangements before additional services will be scheduled.

**No-Show and Late Cancellation Fees:** Because canceled appointment slots for surgeries, MRI and other procedures are difficult to fill without adequate notice, the following fees will be charged for appointments that are not cancelled at least 24 hours prior to the appointment time.

- MRI Appointments: \$100.00
- Appointments for ESI (epidural steroid injection), EMG (electromyography), Tenex or surgical procedures: \$150.00

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Patient/Guardian Signature

Date

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Printed Name of Patient/Guardian

Date

GENERAL MEDICAL INFORMATION

Reason for your visit today? \_\_\_\_\_

Was this the result of an accident? \_\_\_\_ No \_\_\_\_ Yes If yes, DATE of accident and please describe.

Date: \_\_\_\_\_

Where did the injury occur? \_ Work \_\_\_\_ Auto \_\_\_\_ Home \_\_\_\_ Other \_\_\_\_\_

<b>Referring Physician Information:</b> Name:  Address:  Phone:	<b>Family Physician Information</b> Name:  Address:  Phone:
<i>Please provide your preferred pharmacy information. This will help us in the event we need to call in a prescription for you or send a prescription over a secure electronic connection to your pharmacy.</i>	
<b>Preferred Pharmacy:</b> Name:  Address:  Phone:	<b>Mail-In Pharmacy:</b> Name:  Address:  Phone:

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Current Pain Scale: (circle one number)

	MILD			MODERATE				SEVERE			
NO PAIN	1	2	3	4	5	6	7	8	9	10	SEVERE PAIN

ALLERGIES AND REACTIONS (list allergies to Medications, Metals or Latex)			
Name of Allergy :	Reaction:	Name of Allergy :	Reaction:
FAMILY HISTORY please check any that have occurred with a blood relatives			
	Relationship		Relationship
Blood Clots in Legs or Lungs		Heart Disease	
Bleeding Disorder		Aneurysm	
Osteoporosis		High blood pressure	
Osteoarthritis		Diabetes	
Rheumatoid arthritis		Nerve Disease	
Muscle or Bone Disease		Depression	
Cancer		Lupus	
Thyroid disease		Malignant Hypothermia	

**Social History:** *(please circle what applies to you)*

**Are you a:** Current Smoker    Nonsmoker    Former Smoker

**Tobacco-years of use** (current and former smokers):

**If current smoker, how often do you smoke cigarettes?** Every Day    Some Days

**If current smoker, how much do you smoke per day?** ¼ PD    ½ PD    1 PD    1 ½ PD    2PD    3PD

**Cigar/pipe Use:**    Yes    No

**Chewing Tobacco:** 1/day    2-4/day    5/day

**Alcohol:** None    Occasional    Moderate    Heavy

**Number of Children?**

**Marital Status:**    Married    Single    Divorced    Separated    Widowed    Domestic Partner

**Diet:** Regular    Vegetarian    Gluten free    Carbohydrate (limited)    Cardiac    Diabetic

**Work History:** Disabled    Student    Homemaker    Retired

**Are you currently employed?** Yes    No

**Occupation:**

**Employer:**

**Type of work:**

**Surgical History/Broken Bones/Recent Hospitalizations:**

Please List:

**ALL daily medication/vitamins/supplements:**

Please list:



Past Medical History: (please circle all that applies to you)		
AIDS/HIV	Fracture	Osteoarthritis
Anemia	Gallbladder	Osteoporosis
Anxiety	Glaucoma	Pacemaker or AICD
Asthma	Gout	Panic Attack
Atrial Fib (irregular heartbeat)	Heart Attack	Phlebitis
Bladder Disease	Heartburn/GERD	Pneumonia
Blood Clots in Legs or lungs	Hepatitis B or C	Poor Circulation
Bronchitis	Hernia	Pregnancy (Current or recent)
Cancer	Irritable Bowel Syndrome	Pulmonary Embolism
Cardiac Stents	High Blood Pressure	Restless Legs
Chronic Bronchitis	High Cholesterol	Rheumatoid Arthritis
Congenital Heart Defect	Sickle Cell Anemia/Trait	Seizure Disorder
Depression	Enlarge Prostate	Emphysema
Diabetes	Epilepsy	Kidney Disease
Eating Disorder	Migraines	Kidney Stones
Insomnia	Mitral Valve Prolapse	Liver Disease
Stomach Ulcers	MRSA or VRE	Lupus
Stroke	Multiple Sclerosis	Tuberculosis
Thyroid Disorder		
Fibromyalgia		
<b>Do you have sleep apnea?</b> Yes or No If yes, do you use C-PAP or Bi-PAP? Yes or No Device Settings:		
<b>Do you have cardiac stents:</b> Yes or No If yes, please list date(s):_____		
<b>Do you have a pacemaker or AICD?</b> Yes or No If yes, please dates:_____		
<b>Other Medical History:</b>		

**REVIEW OF SYSTEMS** *(please circle what applies to you)*

**Constitutional:** fever   night sweats   weight gain   weight loss   difficulty exercising

**Eyes:** dry eyes   irritation   change in vision

**Ears:** difficulty hearing   ear pain

**Nose:** frequent nosebleeds   nose/sinus problems

**Mouth/Throat:** sore throat   bleeding gums   snoring   dry mouth   mouth ulcers   oral abnormalities  
teeth problems

**Cardiovascular:** chest pain   arm pain on exertion   shortness of breath when walking  
shortness of breath when lying down   palpitations   heart murmur

**Respiratory:** coughing   wheezing   shortness of breath   coughing up blood

**Gastrointestinal:** abdominal pain   vomiting   loss of appetite   diarrhea   vomiting blood

**Genitourinary:** incontinence   difficulty urinating   painful urination   blood in urine   increase urinary  
frequency

**Musculoskeletal:** muscle aches   muscle weakness   joint pain   back pain   swelling in extremities

**Skin:** abnormal mole   jaundice   rash   itching   dry skin   growth/lesions

**Neurologic:** loss of consciousness   weakness   numbness   seizures   dizziness   headaches   migraines  
restless legs

**Psychiatric:** depression   sleep disturbance   alcohol abuse

**Endocrine:** fatigue   increased thirst   hair loss   increased hair growth   cold intolerance

**Hematologic/Lymphatic:** swollen glands   easy bruising   excessive bleeding

**Allergic/Immunologic:** runny nose   sinus pressure   itching   hives   frequent sneezing

# NEW HIP

## QUESTIONNAIRE

First name: \_\_\_\_\_

Last name: \_\_\_\_\_

### SECTION I. INTRODUCTION

1. This questionnaire is for the evaluation  
of my (side) hip.

☐ Left

☐ Right

3a. The most pain is in my (side) hip.

☐ Left

☐ Right

4. How long have you had this pain?

years

months

2. I have had problems with my (side) hip(s).

☐ Left

☐ Right

☐ Both

3b. When does this joint hurt?

☐ Sitting

☐ Resting

☐ On stairs

☐ Walking

☐ At night

☐ Standing

5. What activities cause this joint to hurt?

6. Have you had any previous injuries that may have affected this joint?

☐ Yes; please explain: \_\_\_\_\_ | ☐ No

7. Please indicate location of pain. (Check all that apply)

☐ None

☐ Side of thigh

☐ Groin

☐ Side of hip

☐ Buttock

☐ Other Hip

☐ Lower back

☐ Front of thigh

☐ Other hip Pain: \_\_\_\_\_

8. List all PREVIOUS medications used to  
treat your pain:

a. Over-the-counter: \_\_\_\_\_

b. Prescription: \_\_\_\_\_

9. List all CURRENT medications used  
to treat your pain:

a. Over-the-counter: \_\_\_\_\_

b. Prescription: \_\_\_\_\_

10. How many sessions of physical  
therapy have you had to treat this issue?

11. Have you had hip injections to treat your pain?

☐ Yes; how long did it help? \_\_\_\_\_

☐ No

12. List any previous surgeries you've had  
on your problematic joint:

13. List other treatments you've tried.  
How successful was it?

14. What activities have you stopped due  
to hip pain?

15. What activities are now difficult due  
to hip pain/

# NEW HIP

## QUESTIONNAIRE

16. Is your pain worse with certain movements? Explain.

17. Please list two daily activities that cause pain:

18. Has any orthopedic surgeon recommended surgery?

19. What prompted you to contact us for evaluation?

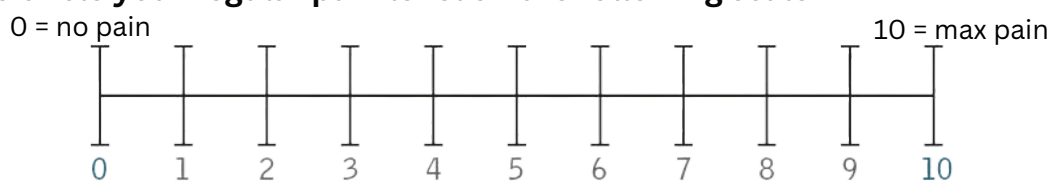
20. Please list any additional notes here:

## SECTION II. CLINICAL FUNCTION SCORE

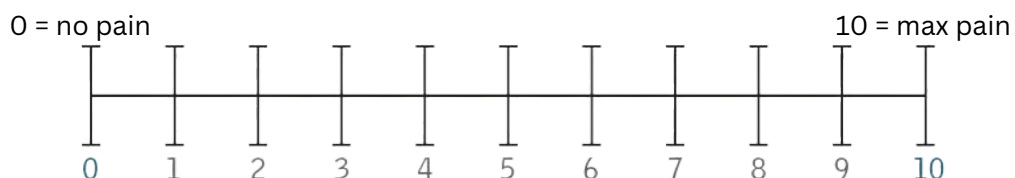
1. What category most closely represents your pain level?

- ☐ None, or so insignificant that I ignore it
- ☐ Regularly slight
- ☐ Mild
- ☐ Moderate
- ☐ Severe
- ☐ Disabled

2a. Please circle your regular pain level on the following scale.



2b. Please circle your highest hip pain level on the following scale.



3 Please indicate the severity of your limp, if an

- ☐ None ☐ Slight ☐ Mild ☐ Moderate ☐ Severe ☐ Disabled

# NEW HIP

## — QUESTIONNAIRE

### 4. Please indicate your use of support, if an

- ☐ None required
- ☐ Use of a cane or a stick for long walks or high activity only
- ☐ Use of a cane or a stick almost always
- ☐ Use of one crutch almost always
- ☐ Use of two crutches or a walker
- ☐ Unable to move across the room

### 5. I am able to walk \_\_\_\_\_ without a brea

- ☐ Over one mile/Unlimited
- ☐ 6 blocks or roughly 30 minutes
- ☐ 2-3 blocks or roughly 10-15 minutes
- ☐ Indoor walking only
- ☐ Bed and chair only

### 6. Which of the following describes how you take stairs?

- ☐ Normally foot-over-foot without NEEDING the railing
- ☐ Normally using the railing
- ☐ Lead with non-painful hip one step at a time
- ☐ Cannot take the stairs

### 7. I am able to put socks/shoes on...

- ☐ With ease
- ☐ With difficulty
- ☐ Unable to put socks/shoes on without help

### 8. Under what circumstances you sit comfortably?

- ☐ Any chair/1+ hour
- ☐ High chair/30 minutes
- ☐ Unable to sit comfortably

### 9. Are you able to get in and out of vehicle without help?

- ☐ Yes
- ☐ No

## SECTION III. ACTIVITY SCORE

### 1. Choose your current level of activity:

1	Wholly inactive; dependent on others, and cannot leave residence
2	Mostly inactive, or restricted to minimum activities of daily living
3	Sometimes participates in mild activities (ex. walking, limited housework or shopping)
4	Regularly participates in mild activities
5	Sometimes participates in moderate activities (ex. swimming, unlimited housework or shopping)
6	Regularly participates in moderate activities
7	Regularly participates in active events, such as bicycling
8	Regularly participates in very active events, such as bowling or golf
9	Sometimes participates in impact sports (ex. jogging, tennis, skiing, ballet, heavy labor, backpacking)
10	Regularly participates in impact sports

**MIDLANDS**  
**orthopaedics**  
**& NEUROSURGERY**

(803) 256-4107  
1910 Blanding St.  
Columbia, SC 29201  
1013 Lake Murray Blvd.  
Irmo, SC 29063

**\*PATIENT - Please fill your NAME and DATE OF BIRTH  
before visiting the office\***

**R<sub>x</sub>** **FOR (NAME)** \_\_\_\_\_ **DOB:** \_\_\_\_\_  
**ADDRESS** \_\_\_\_\_ **DATE** \_\_\_\_\_

Please select/circle ONE section (under either 1, 2, or 3) to ensure the appropriate xrays are obtained from the patient's radiology facility.

1. LEFT
  - a. Diagnoses:
    - i. Osteoarthritis (OA) of the hip – **M16.12**
    - ii. Hip pain – **M25.552**
    - iii. Presence of left artificial hip joint - **Z96.642**
2. RIGHT
  - a. Diagnoses:
    - i. Osteoarthritis (OA) of the hip – **M16.11**
    - ii. Hip pain – **M25.551**
    - iii. Presence of right artificial hip joint - **Z96.641**
3. BILATERAL
  - a. Diagnoses:
    - i. Osteoarthritis (OA) of the hip – **M16.10**
    - ii. Hip pain – **M25.559**
    - iii. Presence of artificial hip joint, bilateral - **Z96.643**

Views (please take/obtain the following views):

1. AP Pelvis Standing (Please label as "STANDING")
2. AP Pelvis Supine (Please label as "SUPINE")
3. Frog-Leg Lateral/Cross Table
4. "False Profile" View

Opt. - If an MRI of the hip has been taken in the last year, please also include that report (not the images) along with these XRs.

Please send these x-ray images to us via Nuance PowerShare. **Our facility lookup information is:**  
Midlands Orthopaedics & Neurosurgery, 1910 Blanding Street, Columbia, SC 29201

If you are not in the PowerShare network, please mail a CD with digital .DICOM copies of these images to us at:

Midlands Orthopaedics & Neurosurgery  
ATTN: Gross MD New Hip  
1910 Blanding Street Columbia, SC 29201

Thomas  
P Gross,  
MD  
Digitally signed  
by Thomas P  
Gross, MD  
Date: 2026.01.12  
10:29:38 -05'00'